

了解您的風險

可能讓您處於 COVID-19 重症高風險的一些醫療狀況包括^{2,3}:



年齡 50 歲以上



心臟疾病



糖尿病



癌症



風濕疾病



神經系統疾病

與嚴重 COVID-19 感染有關的生活型態因素包括²:



肥胖



抽菸

即使您接種了疫苗，也可能無法消除與這些因素相關的風險⁴。

COVID-19
Know
&Go



請向您的醫生諮詢更多資訊，
也可參訪
[knowandgo.tw](https://www.knowandgo.tw)

參考文獻:

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[knowandgo.tw](https://www.knowandgo.tw)

新冠病毒 (COVID-19) 感染如何影響您的 慢性病與健康狀況^{1,2} ?



第一步是了解¹。 確認您是否屬於 嚴重 COVID-19 感染的高危險群？



儘早行動

了解您的風險狀況：

即使您只有一項危險因子，也要持續檢查所有危險因子。完整的危險因子列表可參照 [knowandgo.tw](https://www.knowandgo.tw)⁵

一旦發現症狀請立刻進行檢測：

如果您出現發燒、咳嗽、倦怠及/或呼吸困難的症狀⁶，請不要忽視，立即接受 COVID-19 檢測並尋求醫療協助⁷。

告訴您的醫師：

如果您的檢測結果呈陽性，請立刻聯繫您的醫生；現在有特別用於治療 COVID-19、只能由醫師處方的藥物⁸。

務必牢記

儘管感染 COVID-19 的症狀可能和普通感冒類似，但它們是不同的疾病⁹⁻¹¹。

即使接種了疫苗也無法提供您 100% 的保護，可能會出現突破性的感染¹²。

現在有特定的處方藥物可用於治療非重症的 COVID-19 感染⁸。

